

FranklySpeaking



News from Franklin General Hospital and Foundation

Life Saving Screens, monitor your own health

FGH offers stroke and vascular screening wellness options

Franklin General Hospital offers screenings that include several ultrasounds which can detect risk for stroke and several other vascular diseases. These screens can be done at FGH without a doctors orders.

"Wellness screens can actually be lifesaving," states FGH Radiology Manager Meggan Cearley. "Problems can be detected before they become severe, and a person can get the appropriate treatment."

"Wellness screens can actually be lifesaving. Problems can be detected before they become severe, and a person can get appropriate treatment."

use blood tests to check for a wide range of conditions.

These vascular screens are offered in response to the public's growing interest in tracking their own health. More and more individuals are learning the value of periodic wellness screens to learn their risks for various diseases.

What are the vascular screenings and what can be learned from them?

• **For stroke:** This ultrasound shows the buildup of fatty

plaque in the carotid arteries that can lead to stroke.

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FGH añade exámenes para embolia

Varios ultrasonidos para descubrir el riesgo para embolia están disponibles ahora a FGH. Porque son exámenes para la salud, se puede hacerlos sin órdenes del médico. Los/las pacientes pagan directamente por el examen a un precio reducido y se mandan los resultados directamente al/a la paciente en vez de al médico. Por eso, el paciente es responsable por su cuidado consiguiente. Hay más información disponible por el departamento de radiología a FGH.



What is wellness screening? Patients can have tests without doctor's orders. They pay directly for the test at a reduced price, without it being submitted to insurance, and they take responsibility for the follow-up if a test shows they are at risk. For several years, FGH has offered wellness lab screens, which

Some of What's Inside

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Dr. Brian Hansen awarded "Golden Hands" Honor



Franklin General Hospital and Franklin Medical Center physician Dr. Brian Hansen was honored in January for his outstanding work by receiving the Golden Hands award. This award, given by the Mercy Health Network – North Iowa, is meant to recognize providers that exemplify Mercy's standard of behavior, community support, and active involvement on committees and task forces.

Dr. Brian Hansen, who serves as the Chief of Staff at Franklin General Hospital, was nominated for this award by staff at FMC. Those nominating Dr. Hansen explained, "Dr. Brian Hansen not only exceeds the standards of a physician both in his care of patients and their families, but also in dealing with staff and their families in the hospital and clinic setting as well as within the community. He has a very caring, compassionate and common sense manner and truly encompasses the total holistic concept of patient care. He makes patients of all ages comfortable when discussing any health issue, especially difficult and challenging cases, since he always makes the best interest of the patient a priority."

Dr. Brian Hansen, truly exemplifies the Standards of Behaviors.

FRANKLIN GENERAL HOSPITAL and FRANKLIN MEDICAL CENTER

Statement of Revenues and Expenses
For Fiscal Years Ending June 30, 2007 and 2008

	Fiscal Year 6/30/08	Fiscal Year 6/30/07
Operating Revenues		
Net Patient Service Revenues	12,887,294	11,463,588
Other Operating Revenues	<u>244,242</u>	<u>209,536</u>
Total Operating Revenues	13,131,536	11,673,124
Operating Expenses		
Salaries and Wages	5,661,494	5,195,745
Supplies and Other Expenses	6,321,642	5,463,089
Depreciation	793,862	555,181
Interest	<u>4,673</u>	<u>5,409</u>
Total Operating Expenses	12,781,671	11,219,424
Operating Income (Loss) Before Affiliation Agreement	349,865	453,700
Affiliation Agreement Expense	(17,853)	(226,850)
Operating Income (Loss)	332,012	226,850
Non-Operating Revenues (Expenses)		
Income/(Loss) on Investment in Joint Venture	37,660	17,145
Tax Revenue	854,502	855,345
Non-Capital Grants and Contributions	11,777	24,606
Investment Income	62,890	102,841
Income/(Loss) on Sale of Property and Equipment	0	0
Income/(Loss) from Franklin Prairie Apartments	55,099	38,762
Other	<u>7,072</u>	<u>6,939</u>
Net Non-Operating Income	1,029,000	1,045,443
Revenues in Excess of Expenses	\$1,361,012	\$1,272,293

Comparative Statistics	Fiscal Year 6/30/08	Fiscal Year 6/30/07
Admissions		
Acute Care	264	263
Swing Bed	92	98
Nursing Facility	<u>27</u>	<u>33</u>
Total Admissions	383	394
Patient Days		
Acute Care	889	924
Swing Bed	837	1,032
Nursing Facility	<u>18,064</u>	<u>17,819</u>
Total Patient Days	19,790	19,775

Hospital's Impact on Local Economy

FGH generates 181 jobs and helps create an additional 85 spin-off jobs, according to a study by the Iowa Hospital Association. Overall, FGH pays \$6.3 million in salaries and benefits. This results in \$1.5 million in retail sales and contributes \$90,000 in sales tax revenue for Franklin County.

IHA examined the jobs, income, retail sales, and sales tax produced by hospitals and the rest of the state's healthcare sector. The study was compiled with software that other industries have used to determine their economic impact.

"Iowa hospitals are critical to the well-being of the state's economy. A strong healthcare system, anchored by community hospitals, is essential as Iowa continues to look for opportunities to expand and grow its economy," summarized Kirk Norris, IHA president.

"This is one of the reasons for small communities to support and keep their local hospitals and healthcare providers," IHA concluded from the report. "Those dollars stay in the community and keep circulating."



FRANKLIN GENERAL
HOSPITAL



A partner with
Mercy Health Network - North Iowa

Greetings from the board, administration and staff of FGH,
It's been a busy, exciting year at FGH/FMC! Here are some items worth noting:

- On July 26th, Franklin General Hospital, along with other Mercy Network hospitals, went live with the electronic health record. The implementation of an electronic health record is the first of its kind in a rural U.S. setting. A great deal of time and effort went into this project over two years in advance.
- In November, 12 employees were recognized for extended lengths of service that totaled 200 years.
- The Nursing Facility construction project was completed in June, all the residents and staff are very happy with the results of the project. The project added 12 private rooms, a new dining room and updated amenities for the residents.
- Angela Grundmeyer, P.A.-C, joined Franklin Medical Center in September. Angela primarily serves the Dows and Latimer clinics, but also serves patients in Hampton on Wednesdays. We are pleased to have Angela join our exceptional Medical Staff.
- Each year the staff at FGH raises funds for the Iowa Hospital Association Political Action Committee (PAC). FGH surpassed their goal this year and raised over \$700. PAC closely monitors legislation and is always looking out for the best interest of healthcare.
- Chris Eckhoff, FGH Director of Nursing was nominated and selected as one of the top 5 finalists for the Nurse Executive of the year award given by the Iowa Hospital Association. There are a number of great Nurse Executives in Iowa, so being one of the top 5 is a huge honor.
- Franklin General Hospital hosted a regional Auxiliary summer gathering, 40 Auxiliary members from the region attended the event.
- The Radiology Department completed a deficiency free mammography inspection.
- Franklin Medical Center successfully completed their rural health clinic inspection.
- Franklin General Hospital started a new program on the radio called "health beat". Each Thursday, at 12:50, FGH hosts a five minute radio program that includes a variety of medical information. All "Health Beat" programs are available at the FGH website at www.franklingeneral.com.
- LEAN, the elimination of wastes and process improvement, training took place for all the FGH managers in November.
- Since going live with the Electronic Health Record (EHR10) in July, staff at Franklin General have been asked to share the success story on both a state and national level.
- Franklin General Hospital CEO, Mark Klosterman, was awarded the Young Executive of the Year award by the Iowa Hospital Association.
- Jason Horras, Physical Therapist, and Kristi Zwiefel, Dietitian, joined the team at Franklin General Hospital. Jason and Kristi each bring a number of years of experience in their field and have been a great addition to FGH.
- Employees donated \$75 and four large boxes of food with the FGH holiday collection for the Franklin County Food Pantry.
- A number of departments in the hospital adopted needy families during the holiday season.
- Franklin General Hospital hosted the Diabetic Health Fair in October; a large crowd gathered for the great event.
- Working together with Franklin Wellness Center, we are offering quarterly wellness screens at the Wellness Center.
- Wireless internet was installed throughout the hospital. Now patients and family can have internet access while they are at the hospital to communicate with family and friends.
- The Franklin General Hospital Foundation continues to see great support and was able to purchase a number of needed items for the hospital over the last year.

A Note from our Administrator

Master Facility Plan Moving Forward



You will likely see a number of changes at Franklin General Hospital over the next 3 years. Plans continue to move forward with the Master Facility Plan and if all goes as planned we will break ground on the project in this May.

We are currently getting bids from contractors for the project, and will have received all the bids by the time you read this. We are very excited about this project and feel even with the down economy, now is a

great time to build and renovate at Franklin General Hospital. We are financially sound and have done many worst case scenario projections financially for the hospital and the project is still very feasible. This is also a great time to build because construction costs have decreased and we are hoping bids will come in lower than projected.

Looking at an overview of the project, we are hoping to begin all the site work in May to prepare for the additions that will be added to the facility. The additions include an ambulance garage, therapy area for Physical Therapy and Cardiac Rehab, Administration area, and Hospice Suite. Adding new space for these areas will add overall space to the facility to allow for growth of our services.

By adding an administrative wing, we are able to free up prime patient care space close to the clinic and have specialty clinic exam rooms in one location next to the clinic. This will be a benefit to both the providers and patients. The usage of our rehab services have nearly doubled over the past year, so the addition of a new therapy area will allow for more space to accommodate the increase in volumes. The new ambulance garage will accommodate the large ambulances and create more room in the Emergency Room, which will allow for separate trauma/exam rooms.

Some other key changes will be the conversion to all private patient rooms, surgery renovation that will have recovery rooms in surgery, bariatric rooms to care for obese patients, complete remodel of the radiology and laboratory departments, along with a number of mechanical upgrades that will allow our facility to be more efficient.

This project will take approximately 3 years to complete, and through that time there may be inconveniences for staff and patients, but I can assure you we are working to keep those inconveniences at a minimum. We will have clear signage throughout the facility during construction so you can clearly see how to get to a department. We have also worked extremely hard to put a construction plan together that will have the least effect on our patients and staff.

We know this project will be great for our communities and will enhance the services we offer.

Technology Advances at FGH

FGH has recently added some new technology. Within the past 3 months CareMobile, Pyxis, and PACS have been implemented and are being used by providers and other patient care staff. Each of these technology enhancements provides benefits to our patients.

CareMobile, a point-of care medication tool, works within the electronic health record using bar code technology. CareMobile conveniently works at the patient's bedside. Using a small, handheld device, a nurse selects the patient's medication profile to view the medications to be administered. Next, a bar-coded medication is scanned to ensure it is the same drug ordered by the doctor via the electronic health record.

Finally, the nurse scans a barcode on the patient's wristband to ensure patient identity. Once the medication is confirmed, administered to the patient, and signed, the information is electronically transferred to the patient's EHR. The small but significant step of using CareMobile allows nursing staff to verify the "Five Rights" of medication administration: right patient, right medication, right dose, right route and right time.

Pyxis, an automated medication distribution system used on acute and the ER, ensures medications are secure, organized, tracked and ready for use. Pyxis helps better track medications, provides a safety step when retrieving a medication for a patient and helps track the inventory of medications.

PACS (Picture Archiving & Communication System) is an integrated system of digital products and technology allowing for storage, retrieval and display of radiography images. With PAC's radiography images taken at FGH will now be stored electronically and can be viewed

electronically by your physician or the radiologist. PACS will allow patients to hear the results of their test in a more timely manner because hard films will no longer be sent. The x-rays can be viewed and read by your physician or radiologist electronically the same day they were done.



Radiology manager Meggan Cearley demonstrate how PACS works to staff at FGH

Providing these enhancements in technology is important to continually improve the care we deliver to our patients. These enhancements help ensure patient safety and help make the work staff does more efficient, allowing the patients needs to be better met.

The Right Choices in your diet for a Healthy Heart

I am sure you have often heard the heart is the most important muscle in the body, so it is important to take care of your heart. One of the ways to help your heart stay healthy is eating the right kinds of foods. The American Heart Association has identified several habits or conditions among persons who have had heart attacks. Several of these risk factors can be reduced by a change in diet: 1. High blood pressure (hypertension) 2. High levels of cholesterol and /or fatty substances 3. High intake of animal fat 4. Diabetes 5. Excess weight.

Fats and oils are part of a healthful diet, but the type of fat makes a difference to heart health, and the total amount of fat consumed is also important. According to the USDA Dietary Guidelines, we should follow 4 key points:

1. Consume less than 10% of calories from saturated fatty acids and less than 300 mg/day of cholesterol, and keep trans fatty acid consumption as low as possible.
2. Keep total fat intake between 20-35% of calories, with most fats coming from polyunsaturated and monounsaturated fatty acids, such as fish, nuts, and vegetable oils.

3. When selecting and preparing meat, poultry, dry beans, and milk or milk products, make choices that are lean, low-fat or fat free.

INSTEAD OF EATING	SUBSTITUTE	TO SAVE
2 oz. potato chips	2 oz. Pretzels	20 gm fat
Big Mac	Grilled Chicken Classic	19 gm fat
1 Medium Croissant	2 slices Multi Grain Bread	9 gm fat
8 oz. Cream of Broccoli Soup	8 oz. Chicken Noodle Soup	8 gm fat
8 oz. 2% Milk	8 oz. Skim Milk	5 gm fat

4. Limit intake of fats and oils high in saturated and/or trans fatty acids, and choose products low in such fats and oils.

Many people ask how much fat should they be eating. An example of a man eating 2000 calories daily: $2000 \times .35 = 700$ fat calories. There are 9 calories in each gram of fat. Therefore, $700/9 = 77.7$ grams: this man should limit fat intake to less than 77 grams daily to protect his heart.



By making some simple changes we can make a big difference in reducing the fat in our diet.

For more information about nutritional health, contact Kristi Zwiefel, FGH Dietitian, at 456-5000

Easy Healthy Recipes for You and the Family

CRAB COLESLAW MEDLEY

Makes about (12) 1 1/2 cup servings. Each serving = 150 calories, 8 gm fat, 1.5 gm fiber and 3 weight watcher points

- 1.) 1 Package Coleslaw
- 2.) 7 cups romaine lettuce (one bag)
- 3.) 3/4 cup fine chopped onion
- 4.) 1 package (8 oz.) imitation crabmeat chopped
- 5.) 1/3 cup canola oil
- 6.) 3 Tbsp. cider vinegar
- 7.) 2 Tbsp. sugar
- 8.) 1 tsp. salt
- 9.) 1/2 tsp. pepper
- 10.) 1 package chicken ramen noodles
- 11.) 2 Tbsp. slivered almonds, toasted
- 12.) 2 Tbsp. sesame seeds, toasted

In a large bowl, combine the coleslaw mix, romaine, onion and crab. In a jar with a tight fitting lid, combine the oil, vinegar, sugar, salt, pepper and contents of seasoning packet from noodles and shake well. Break noodles into small pieces. Sprinkle noodles, almonds and sesame seeds over salad. Mix well. Drizzle with dressing and toss to coat. Serve Immediately.

SWEET POTATO FRIES

1/2 cup = about 190 calories, 1 gm fat, 4 gm fiber and 3 weight watcher points

- 1.) 1 large sweet potato (often sold as "yams" at grocery stores)
- 2.) non-stick cooking spray
- 3.) seasoning (salt, Mrs. Dash etc.)

Preheat oven to 375 degrees. Wash and peel sweet potato or leave the skin on for more fiber. Cut potato lengthwise into 4 or 8 pieces. Spray cookie sheet with non-stick spray. Sprinkle with seasoning of choice. Bake for 20 minutes. Use a spatula to turn. Bake for about 20 more minutes until lightly brown and tender. If you like them crispy, cut them thinner.

"Health Beat"



Make sure to tune into Franklin General Hospital's Radio Show "Health Beat" each Thursday at 12:50 p.m. on KLMJ.

If you have missed a show go to www.franklingeneral.com, click on the health beat link and you can listen to all past shows.



Topics Covered Include

Careers at FGH

Sick Child Care Program

Skilled Care

Heart Health

Franklin General Hospital Foundation

FMC Information

Antibiotic Resistance

Vascular & Wellness Screens

Medication Information

FGH Adds Neurologist Visiting Specialist

Stroke & Vascular Screenings

Continued from Page 1

• For abdominal aortic aneurysm:

This screen detects the existence of an aneurysm in the abdominal area that can rupture and be fatal.

• For peripheral vascular disease: This ultrasound checks for blockage in the legs. Abnormal results indicate a high risk of coronary artery disease.

The results of these screens are interpreted by a North Iowa radiologist, and a report is sent directly to the patient, who is then responsible for seeing a physician for follow-up care.

These screens are available each Monday and Thursday at FGH, but will be available more often starting June 1, due to the increase in availability of ultrasound. Effective June 1, these screens will be available on Monday, Wednesday, and Thursday. Also available free of charge are heel screens, which detect your risk for osteoporosis. Heel screens can be done any day of the week but we ask you call to schedule an appointment.

The vascular screens are \$36 each, or the three ultrasounds can be done at once for \$102. To schedule one or more of these screens, call the FGH Radiology Department at 456-5026.



Starting May 2009, Sant Hayreh, M.D., neurologist from Mason City Clinic will be seeing patients at Franklin General Hospital in Hampton.

Dr. Hayreh has been in practice for over 30 years in Mason City and is a Clinical Assistant Professor in the Department of Neurology at the University of Iowa. Some of the Neurological disorders include Headache, Dementia, Parkinson disease, Multiple Sclerosis, Nerve and Muscle diseases including carpal tunnel syndrome and sleep disorders.

Initially, Dr. Hayreh will be coming once a month to Hampton. Appointments can be made by calling: 1-800-622-1411 or 641-422-6760.

FGH añade especialista – Neurólogo

Comenzando en mayo de 2009, Sant Hayreh, MD, neurólogo de Mason City Clinic, va a ver a los pacientes a Franklin General Hospital en Hampton.

Unos desórdenes neurológicos incluyen los dolores de cabeza, la demencia, la enfermedad de Parkinson, esclerosis múltiple, enfermedades de los nervios y los músculos, incluyendo el síndrome de túnel de carpo, y los trastornos del sueño.

Al principio, el Dr. Hayreh va a estar a FGH una vez cada mes. Para hacer una cita, llame 1-800-622-1411 o 641-422-6760.

Are they Ready to Play?

Get your student athletes ready for the season.



Doctors recommend that parents should make sure their youngster receives a health evaluation that will serve as his or her annual physical. The results of this visit should be permanently recorded in the adolescent's medical record.

If your insurance pays for an annual physical, your athletic physical can be performed in conjunction with this exam, and it will be billed to your insurance at the customary rate. The athletic physical form should be completed by the parent, signed, and brought with the student to his or her scheduled appointment.



To schedule an appointment call:

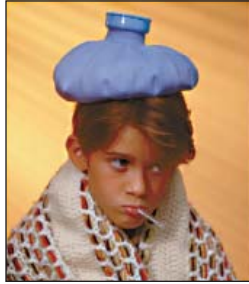
FMC-Hampton: 641-456-5050
FMC-Dows: 515-852-4113
FMC-Latimer: 641-579-6340
FMC-Dumont: 641-857-6696

Important Information for Parents

Franklin General Hospital Offers "Sick Child Care"

Does your child have a fever so you are unable to take them to day care? Is a sick child making you miss work more than you would like? There is a perfect solution for you, Franklin General Hospital offers sick child care. This program has been developed to provide accommodations and care for the temporarily ill children of Hampton and the surrounding areas while their parents are working.

We know it is hard not to be by your child's side when they are sick, but then again missing too many days of work can be hard as well. Take comfort in knowing your child will be well cared for during their time of illness, as staff that are parents and grandparents themselves take great care of your child at FGH.



How does it Work?

The program is available from 6 a.m. to 6 p.m., Monday through Friday. Your child will be admitted at the Acute Care nurses station. This program is not available on weekends or holidays. Those eligible for sick child care are, any sick child, infant through 12 years of age, who is ill but does not have or has not been exposed to a communicable disease, (i.e. chickenpox).

Parents wishing to be eligible for this program must preregister and complete a preadmission information form on their child/children in advance. These forms can be obtained by calling 456-5000 or can be picked up at the Business Office or the Acute Care Nurses Station at Franklin General Hospital. The form is also available

on our website, go to www.franklingeneral.com/services. Click on sick child care and there will be a link to the form. We must have this form prior to the admission of your child to establish a medical record. Please call FGH Acute Care nurses station one hour prior to the admission of your sick child and request permission for the admission of your child. The Acute Care Supervisor/Charge Nurse is authorized to make the final decision regarding admittance to the "Sick Child Care" program. Admittance may be denied based on census or availability of staff.



The use of this service is not covered by insurance. The parent is responsible for payment at check out time. The fee is \$3.00/hour for care. Extra personal supplies, medications, etc., that are provided by the hospital will be billed to the parent at the end of the stay.

If you are planning to bring your child to stay here, please bring your child's personal items, medications, a "comfort" toy or blanket, etc. with you at the time of admission. Formula/baby food for infants should be brought in by the parents. Your child will be placed in a room on Acute Care with others according to their illnesses. Plan to spend at least 15 minutes with the nursing staff assisting with admission information about your child.

If you have any questions or concerns about the program, please contact Chris Eckhoff, Director of Nursing, at (641) 456-5000.

Ultrasound Availability at Franklin General Hospital Increasing

As of March 4, ultrasound services are available to patients three days a week at Franklin General Hospital. In June, ultrasound coverage will move to four days a week. Prior to this change ultrasound was available two days each week, but due to the need and requests of patients, ultrasound coverage has increased.

"We are pleased that we are able to increase the availability of ultrasound at FGH, and meet the demands of our

patients. This is a great benefit to the patients and providers" explained Meggan Cearley, Radiology Manager at FGH.

Common Ultrasounds performed at FGH are Deep Vein Thrombosis, which detects extremities for blood clots, Abdominal ultrasounds, obstetric, and thyroid ultrasounds to name a few.

Certified Sonographer, Theresa Hanson, is the ultrasound tech that performs

ultrasounds at FGH. Theresa has over 20 years of experience as a Sonographer, and has been providing excellent care at FGH for a number of years.

Ultrasounds can currently be scheduled on Monday, Tuesday or Thursday and in June will be available, Monday - Thursday. To get more information about the ultrasound services at FGH, call the radiology department at 456-5026.

Servicios de Ultrasonido a FGH

A causa de necesidad y las peticiones de los pacientes, desde el 4 de marzo, los servicios de ultrasonido están disponibles tres veces la semana. En junio, los ultrasonidos van a estar disponibles cuatro días la semana. Estos incrementos son para responder a las necesidades de nuestros pacientes.

Los ultrasonidos comunes que se hacen a FGH son: trombosis de venas profundas para examinar las extremidades para detectar coágulos de sangre, ultrasonidos abdominales, ultrasonidos de obstetricia, ultrasonidos de glándula tiroidea, y otros.

Theresa Hanson, sonographer certificada, es la técnica de ultrasonido que hace los

ultrasonidos a FGH. Theresa tiene más de 20 años de experiencia como sonographer y las ha hecho a FGH por muchos años.

Corrientemente, se puede hacer una cita para un ultrasonido los lunes, martes o jueves. En junio están disponibles los lunes, martes, miércoles y jueves. Para obtener más información sobre estos servicios, llame el departamento de radiología a 456-5026.

You Don't Have To Be Wealthy, Just Willing

In life, most people require some kind of assistance, whether it's physical, financial or spiritual. Perhaps a local church congregation or food bank supplied meals during a tough time. Maybe you were given a scholarship that made the dream of college possible. You or a loved one may have been shown especially compassionate care in the hospital during an illness or injury.

And during life's struggles, we are often reminded that more must be done to continue positive, humane acts of kindness, and to sustain programs for personal enrichment. We wish more funding were available for medical research, for domestic abuse shelters, or a treasured arts or music program or for the Franklin General Hospital Foundation.

Charitable organizations like the Franklin General Hospital Foundation need financial assistance from people like you to continue their work. More than 80 percent of Americans contribute



to the nonprofit groups of their choice throughout their lifetimes. But according to research conducted in 2000, only around eight percent of people chose to continue this support through a charitable bequest.

By making bequests and other "planned gifts," you can continue to help organizations, like the Franklin General Hospital Foundation, that are making an important difference in your community.

What better way to thank the people or organizations that have had an impact on your life, than to make a contribution from your estate through a bequest?

Gifts large and small are important. Charitable giving is not only for the wealthy!

To discuss the possibilities of a bequest to Franklin General Hospital Foundation, please contact Angela Rembe at (641) 456-5013 or via email at rembea@mercyhealth.com

FGH Foundation Welcomes New Member

Franklin General Hospital's Foundation board has a new member, Dave Heuberger, President of First National Bank in Hampton. Dave is taking the place of long time board member Roger Doughan, who stepped off the board in December.

Roger Doughan served on the Foundation Board for 16 years, since the start of the Foundation. During that entire 16 years Roger served as the Foundation's Treasurer and was part of two capital campaigns, leading one of those capital campaigns.

"We are excited to have Dave Heuberger join the Foundation Board, he will be a great addition. He has previously worked at the hospital as an EMT and truly has the best interest of the hospital

in mind," explains Angela Rembe, FGH Foundation Director.

The Foundation Board meets on a regular basis to review the Foundation. They discuss ideas for fundraising, discuss funding options for the hospital, and monitor the finances of the Foundation. Moving forward, the Foundation Board will play a large role in the Master Facility Plan, as they look at raising funds for the Project.

The current Foundation Board members include, President John Rowe, Vice President Dave Heuberger, Treasurer/ Secretary Ron Raney, Julie Salvesen, Norma Casperson, Al DeVries, Bruce Whipple, Connie Edwards, Auxiliary Representative Shirley Hand, Board of Trustee Representatives Al Menning and Pam Rusinack, and Mark Klosterman.

Report from the FGH Auxiliary

2008 Annual Auxiliary Report

Auxiliary Fund Raisers

- Membership Dues
- Lobby Shoppe
- Card Marathons
- Salad Luncheon
- Bakeless Bake Sale
- Hope Tree
- GBI Train
- Art Show
- Christmas Open House

Auxiliary Supported

- Cardiac Rehab Reunion
- National Provider's Day
- Display Racks
- Gardening
- Nursing Facility Birthdays
- Nursing Facility Halloween treats
- Nursing Facility Fireplace Decorations
- Diabetic Health Fair
- Hospital Week
- Water Feature on the Nursing Facility

Auxiliary Scholarships

- 1 Darling Scholarship
- 6 Student Scholarships
- 3 FGH Employee Scholarships Total
\$ 3,394

Auxiliary Volunteers

10,100 Volunteer hours

Auxiliary Gave

\$21,216 to FGH

Thank you

to these donors who contributed financially to the FGH Foundation during 2008.

Every gift, whether large or small, helps FGH in our commitment to providing quality health care for area residents. We have made a conscientious effort to make this list complete and accurate. However, if you notice an error or omission, please call the FGH Foundation office at (641) 456-5013 to bring it to our attention and please accept our apologies.

Maxine Alden
 Alvin & Maurine Andersen
 FGH Auxiliary
 John & Nancy Baltus
 Phyllis Barr
 Jim & Cheryl Barrick
 Delores Bender
 Leroy & Connie Benning
 Carolyn Berghoefer
 Delbert & Linda Berghoefer
 Tom & Linda Berry
 Juanita Blood
 Charles & Barbara Brown
 Ruth Bruhn
 Delores Butt
 Phyllis Card
 Lee & Mavis Claypool
 Mary Ann Cochran
 Les & Shelly Craighton
 Father Bob Davies
 Al & Esther DeVries
 Daryl & Mildred Dillon
 Harold Dodd
 Lloyd & Elvera Dodd
 Eugene & Jean Dolphin
 Roger & Betty Doughan
 Marilyn Duda
 Sue Dye
 Tom & Chris Eckhoff
 Salina Enslin
 Adell Eustice
 Fred & Shirley Evans
 Ron & Kathy Fiscus
 Bernard & Carole Franken
 Harm & Alida Freese
 Larry & Shirley Frey
 Willard & Wanda Glade
 Ray & Nadine Gram
 Bernice Greimann
 Lavonne Grice
 Don & Sandra Hackbarth
 John & Linda Hamilton
 Margaret Hanawalt

Bill & Shirley Hand
 Bill & Marilyn Hannah
 Edward & Judith Hansen
 Charlene Hanson
 Paul & Kathryn Happel
 Raymond & Arthurine Haupt
 Terry & Marsha Heilskov
 Ray & Donna Held
 Dawn Henning
 Ron & Karen Hintch
 Vernita Hobson
 Max & Mickey Holmes
 Alethea M. Imerman
 Jane Ingebritson Estate
 Dorothy Juncker
 Hampton Kiwanis Club
 Earl & Arlene Klein
 Mildred Kloetzer
 Al & Delores Koenen
 Vincent & Florice Kolb
 Marillyn Korth
 Ron & Roberta Krukow
 Chad & Victoria Kruse
 Violet Laudner
 Katherine Leffler
 Virgil & Ardu Lemke
 Rachel Lubkeman
 Henry & Shirley Ludens
 Arlene Maifeld
 Gary & Karen McVicker
 Al & Becky Menning
 Mildred Menning
 Wesley & Mabel Meyer
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FGH Foundation Contribution Form

Yes, I/we would like to support healthcare in Franklin County by making a contribution to the FGH Foundation.

Name _____ Address _____

City _____ State _____ Zip _____ Enclosed is my donation of \$ _____.

_____ I am interested in knowing more about planned giving opportunities.

_____ I am interested in information about how I can receive income, reduce taxes, and make a gift with one plan.

_____ I have a question. Please call me at # _____ The best time to call: _____ a.m./p.m.

Please send to: The FGH Foundation, 1720 Central Ave. E., Hampton, IA 50441.

Memorial Gifts 2008

We sincerely thank the donors who have chosen to honor and recognize the lives of relatives, friends, or associates by enhancing the future health care for residents of our community. Every donation to the FGH Foundation, regardless of the amount, helps FGH and is sincerely appreciated.

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Lee & Mavis Claypool

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Auxiliary Bakeless Bake Sale

NO GROCERY STORE

NO COOKING,

NO CLEAN-UP,

NO DEADLINES...

ALL YOU NEED TO DO IS DONATE
MONEY TO THE FGH AUXILIARY
FOR THE BAKELESS BAKE SALE.

All proceeds from the Bakeless Bake Sale will
be used to benefit Franklin General Hospital

Shop at the
FGH Auxiliary Lobby Shoppe
Check out all the great spring items



Loved ones honored through Hope Tree Project

The Franklin General Hospital Auxiliary thanks all those who supported the Hope Tree project this year and also the FGH Maintenance Department & MidAmerican Energy for giving their time, labor, and equipment, as well as The Reminder for printing the Hope Tree ads free of charge. The following people were remembered or honored on the 2008 Hope Tree located at the entrance to the health care campus.

LIGHTS WERE BIT IN MEMORY OF :

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 Carrie S. Abbas
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 Jake Allen
 Brad Anderson
 Jan Arndorfer
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 Pauline Brandt
 Celeste Broadie
 Wes Broadie
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 Jan Brown (2)
 Lois Brown (2)
 Lorna Brown
 Phyllis Brown (4)
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 Edwin Buhr
 Lizzie Buhr
 Maurine Burmester
 Aiden Buseman
 Jerri Buseman
 Levi Buseman
 Norm Buseman
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 Jerry Christiansen

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 Chuck Neuwohner (4)
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 W. Roger Palmer (5)
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 Marion Peterson
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 Jennie Eustice
 Martha Eustice
 Orville Eustice
 Lyn Feckers
 Yong Ok Fehd
 Mary Feldhoff (5)
 Terry Feldhoff
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 Marvin Fink
 Beth Freese (2)
 Carl Freese (2)
 Christina Freese
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 Clara Happel (2)
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 Delbert "Dub" Hemmes (2)
 Marie Hemmes-Schmidt (2)
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 Lewis Johnson (2)
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 Britney Knipfel
 Gerhardt Kragel (2)
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 Gordon "Gordy" Woltjer (4)
 Helen Woltjer (4)
 Susan Woltjer (4)
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LIGHTS WERE LIT IN HONOR OF:

Dorothy Abbas
 Conner Donaldson
 Kiara Donaldson
 Quinn Donaldson
 Tyler Donaldson
 Gordon Freese
 Shirley Hand
 Shirley Hawver
 Alethea Imerman
 Charles Jobe
 Pat Jobe
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 Peg & Shane Stock
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 Cancer survivors
 Military men & women

Visiting Specialists

Physician	Specialty	Schedule Each Month	Phone
Dr. S.J. Brau*	Podiatry	1 st & 3 rd Thursday	641-423-3367
Dr. J. Demro*	Orthodontics	Call for schedule	641-424-3375
Dr. M. Donahoe*	Podiatry	2 nd & 4 th Tuesday	800-622-1411
Dr. T. Gibbons	Orthopedics	2 nd & 4 th Friday	800-622-1411
Dr. H. Jayawardena	Surgery	Each Mon. & Wed.	800-622-1411
Dr. P.S. MacGregor*	Urology	3 rd Monday	800-622-1411
Dr. M. Meyer	Ophthalmology	4 th Tuesday	641-456-4251
Dr. C.D. Roland	Psychology	Call for schedule	319-234-2671
Rotating Physicians	Cardiology	Each Wednesday	800-622-1411
Dr. S. Schurtz*	Urology	1 st Monday	800-622-1411
Dr. T. Tan	Ob/Gyn	Every Wednesday	877-422-5100
Stuart Trembath/Dr.Gaut*	Audiology	1 st and 3 rd Friday	800-621-6424
Dr. Hayreh*	Neurology	Call for Schedule	800-622-1411

Please call the numbers above to schedule appointments at FGH/FMC.

* To see these specialists, please enter through the E.R. entrance.

Franklin General Hospital Medical Staff

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 DR. DAVID DENNIS, D.O.
 DR. BRIAN HANSEN, D.O.
 DR. COURTNEY BOCHMANN D.O.
 DR. TONI LAUFFER, D.O.
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WWW.FRANKLINGENERAL.COM

HOW TO REACH US

Franklin General Hospital

641-456-5000

Franklin Medical Center

General: 641-456-5050

Toll Free: 866-271-5050

Hansen/Hansen/Murphy Pod: 641-456-5065

Dennis/Bochmann/Lauffer Pod: 641-456-5062

Mon., Tues., Thurs., Fri./7:30-5:00 p.m.

Wed./7:00-5:00 p.m.

Sat./8:00-11:30 a.m.

FMC - Dows Clinic 515-852-4113

Mon. /8:30-Noon

Tues. & Thur./1:00-4:30 p.m.

Fri./8:30-10:30 a.m.

FMC - Dumont Clinic 641-857-6696

Mon. & Fri./8:30 to 12:30 p.m. and

1:00 - 4:30 p.m.

Tues./ 9:00 a.m. - 12:30 p.m. and 1:00 - 4:30 p.m.

Wed./8:30 to 1:00 p.m.

FMC - Latimer Clinic 641-579-6340

Mon. /1:00-4:30 p.m.

Tues., & Thur./8:30-Noon

Fri./ 11:00-1:00p.m.

MISSION STATEMENT

We are dedicated to meeting the needs of the whole person through our commitment to provide high quality health care and health-related services. Individually and cooperatively, we uphold the values of compassion, respect, excellence, and stewardship

Frankly Speaking is published as a community service by the Franklin General Hospital Foundation. If you have any questions on healthcare topics that appear in *Frankly Speaking*, contact your personal physician.

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NOTE: Portions of this issue are translated in Spanish.

NOTA: Partes de esta edición están traducidos en español.

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